

Sleep 'til
you drop
Downtown stores
have latest
gifts and trends
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SPOKE

A LEARNING NEWSPAPER FOR INTERHALF STUDENTS



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Speaks**
Cantrelo
students help
prepare his meal
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MONDAY, NOVEMBER 26, 2012

CHAMBERSBURG, PENNSYLVANIA

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4380 YEAR - NO. 21

United Way short of goal

By ERIN STOERBACH

Chambers College fell short of its United Way fundraising goal this year.

The college raised almost \$10,000 of the \$10,000 goal through community events, staff bingo draws and pledges. Staff to come in and to collect at the end of \$500 from executives and \$100 from a Penn League.

Jennifer Lewis, a Chambers finance committee member, said that staff participation was low.

"It wasn't just the participation rate for support staff that was low," Lewis said. "Administrative and faculty contributions dropped." She attributed that to the staff strike and the faculty comp-grievance.

"Many gave to the family campaign, and didn't have the funds to give to United Way," Lewis said.

Chambers' United Way Campaign is asking employees to donate money as an incentive to students in the community and in the college's future. The campaign goal is \$100,000, of which \$75,000 has already been raised.

"We are still pleased with our fundraising," Lewis said.

While the campaign is officially over, there is still a call to donate to a PlayStation 3 and a notebook computer that was used. The Chambers Gameday Club is also holding a game day bonfire from 11:30 a.m. to 1 p.m.

Almost \$12,000 was raised from community events, such as the Mistletoe in West B on Oct. 20.

United Way of Chambers, Westmoreland and Area, itself, is hoping to receive only \$4.5 million of its \$10 million goal for their fall campaign this year.

HE'S GOING TO FIND OUT WHO'S NAUGHTY OR NICE



PHOTO BY JENNIFER STOERBACH

Andy and Santa Nick read a picture book in the library on Nov. 19 for the Santa Claus parade. For story and more photos, see Page 8 and 9.

Battle of the books

By ERIN STOERBACH

Librarians are synonymous with books, but these days, not all of the books at Chambers College's Library Resources Center (LRC) are found on its shelves.

Though print books and e-books are plentiful in content, e-books, which are down loaded rather than borrowed, are becoming popular with students because of their advantages. They can be rented by several people at once, within a print book, or though the library only has one copy. They are also available any time, any place where there's internet access, and unlike other Chambers e-books and e-readers, e-books — a feature especially useful for part-time and non-traditional education students, who are not always on campus for an extended period of time — have a 30-day loan period.

The LRC also has an e-books collection of novels, non-fiction and, more recently, DVDs, made up of mostly documentaries.

It can be accessed. The LRC now spends over half its annual expenditures on e-books and databases and has about 30,000 titles available at the website www.chambers.edu or on order.

Despite the popularity and advantages of e-books, some students still prefer books in the traditional form. Aileen Barnes, a student in the recreation TRAIL program, is a fan of the e-book option but still prefers the tactile quality of a physical book that she can physically "flip" between pages.

A review is held annually to decide which books on the shelves are still relevant. "Just because a book is old," Information Resources and media center Rachel Caldwell said, "doesn't mean it's not useful." Older books that are classics or are on historical material are still useful to the LRC.

The LRC also has an offsite collection of novels, non-fiction and, more recently, DVDs, made up of mostly documentaries.



PHOTO BY JENNIFER STOERBACH

One of the LRC's 6,000 memory classics, Trevor Vining, a second-year accounting student, works on his laptop in a quiet corner.

Now deep thoughts with Conestoga College

Random questions answered by random students

When is the right time to put up
your Christmas tree?



"Around whenever the first snowfall is, because it gets the Christmas feeling going and that's where Christmas season begins!"

Matt Beaupain,
second year
radio/television

"Usually around the first or second week of December."

Aaron Gartie,
second year
radio/television



"Anytime in December but Christmas is very important."

Aaron Gartie,
second year
radio/television

"Dec. 1 because it's about that good time."

Matt Beaupain,
third year
radio/television



"I usually wait until the first week of December, usually around Dec. 8 or 10. Because I don't like having a Christmas tree up a long time."

Adrian Wilcox,
third year
radio/television

"When I was a kid, I usually put it up around mid-December or so. I don't really like to have a Christmas tree up before Dec. 10 or 12 after."

Adrian Wilcox,
third year
radio/television

Some answers, we could not contact respondents

Avoid fighting your family

BY AMBER WERTH-PATRICK

The holiday season is upon us and with it comes the stresses of exams, last minute shopping and trying to figure out how much money to spend on gifts. There are the family get-togethers. Sure, sometimes they can be fun. You get to catch up with family you haven't seen in a while, but there's always that relative who just doesn't seem to like the tree. Whether it's the decorations, the placement, the colors, almost everybody has relatives that either just won't like the holidays or at the other hand, like that cousin.

It's never an enjoyable experience when you have relatives who don't get along for some reason, and you end up having to sit through their arguments. David Gotsch is a student at the respiratory therapy program. He knows this all too well.

"My aunts always fight," said Gotsch. "They have very opposite personalities and they get on each other's nerves." Thus there's the individual who sits out in the family circle. This is usually due to his or her attitude toward the rest of the family.

"There are just that people personality-wise," said Mark Hart, a respiratory student at program administration. "There kind of attitude and want to everyone. We have to see how that's going to play with each family members."

every year as we kind of have to power through it."

Nothing says feel like a long last relative suddenly show up. Such is the case for Jackie Lewis, who works behind the front desk at Conestoga Bookstore. She says her long last cousin who had been distant from her finally decided to make an appearance. What was even more shocking than her arrival was the appearance was that she had a child, an uninsured moment for everyone. But not the only one.

Almost everybody has relatives they'd rather not see over the holidays.

Lewis also told the story of when her father decided to move his location over for Christmas without telling the family. He thought it would be a pleasant surprise. It was a surprise of relief, but pleasant, and it was not. His friend and his mother did not get along with his father's family. They had to have had to live in the past, in the same household.

Unfortunately, most of us can't avoid our relatives all year. So we just have to deal with them. According to an article on www.msnbc.msn.com, here are some tips for living with family members.

When you arrive at the get together, acknowledge your family members accordingly. Some will get hugs and a kiss on the cheek while others get a smile and a nod. We need to go out of our way and make yourself comfortable.

Be sure to have a game plan so, and should you get lost, try to come up with some very good excuses as to why you can't speak to them. Also, don't feel embarrassed or ashamed to simply walk away from certain people if they have any manner of all, they will eventually figure out why you're walking them to the door place.

Remember, you're not alone in this matter. Chances are these relatives have affected other family members as well. You will have allies.

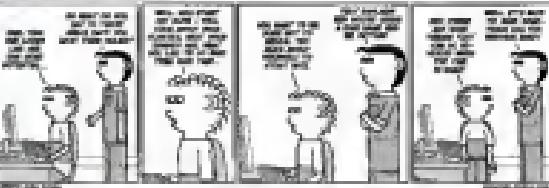
Check out family members who you truly cherish and spend some quality time with them. Keep yourself engaged in those conversations and do not let any eye contact with the conversationalist.

Polykirk adds other family members aware of how uncomfortable you are with that person will ask them to help you keep an eye out, or once you should you get out.

Polykirk suggests it so that as someone takes you do not eat from or next to them. Sit with family members you're comfortable with.

Follow these tips and your holiday get-togethers will be less stressful for you.

For the record



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David Suzuki promotes sustainability

Conestoga students help prepare meal for famous scientist, environmentalist and broadcaster

By REBECCA SMITH

Young and bold, over 100 what students from Conestoga's culinary program prepared a meal for David Suzuki on Nov. 15.

The students also helped prepare a free-course meal for guests of a special event at Borealis College and the University of Waterloo. The dinner was planned by a group of the students, but the event was organized by World Accord.

World Accord is an organization based in Waterloo that works with people to develop and encourage to help them create a sustainable way of life.

The night started out with a presentation by World Accord, followed by dinner and then a question period with Suzuki, who is a well-known scientist, environmentalist and broadcaster.



Portrait of David Suzuki

David Suzuki, a scientist, environmentalist and broadcaster, answers questions at Borealis College and the University of Waterloo.

The event brought together people from all over Waterloo Region whose names are as big with that of World Accord.

"There are a hundred people there and the majority of them are working, one way or another, around sustainability by nature," said World Accord program officer, Valerie Borealis. "We thought that it is really important to find a way to connect what's happening overseas with the track here locally."

The organizers of the event were very happy that Suzuki was able to make it out.

"We felt really lucky because he only does a couple of speaking engagements every year," said Borealis.

Borealis also said that Suzuki was a natural fit for the event because it promotes sustainability.

Ed Jardineau is the president of the Neighborhood Group of Companies Limited, which owns the Borealis restaurants, and agreed that it was a good fit.

"Our founder, Bob, has always brought local and relevant issues on sustainability and that there's no planet B," he said. "He came along and met with the organizers and said, yeah, we'll do it."

Students said when they found out that Suzuki was coming, it was just something on the calendar.

"We had a lot of local support because I think people understood that they had had from that group of people we developed the menu," he said, "and that's what the students are bringing with them."

The menu featured several different cuts of dessert. Borealis organic beef for the



Culinary management student Abigail Pritchard, hotel and restaurant management student, Jennifer Turner and culinary management student, Jessica Wolf helped prepare a meal for David Suzuki.

first three courses, and a dessert from Borealis and leftover for dessert.

David's executive chef, Matthew Poole, helped plan the menu and he appreciated the students' help.

"They were here for eight hours preparing and almost 10 hours today so I think they did a really good job," said Poole.

"Students like these are always welcome because we know we're doing our regular service. I think it's important for them to see how much goes into putting on events like this."

There were three students who went out to find it out. The students all work at the college dining room, Borealis on a regular basis, but thought this was a really great opportunity and were happy to be cooking for a celebrity.

And though Suzuki had a lot of things on his plate that night between talking about various environmental issues, answering students' questions and engaging people's minds, he said the food was very good and was happy to have the students help it hand in.

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Suspensions inconsistent

By NICHOLAS WILSON

Ask any child involved in recreational hockey who they look up to more than all, and you're almost guaranteed that an NHL player will be their answer.

And what better way for parents to instill their dreams than to copy their role models.

With back and forth officials to the benches debate in mind, for the league to take a firm stand on what they consider punishable in order for hockey's greats to be considered role models is acceptable.

After all, in 1998, Buffalo Sabres' coach Ron Miller said he never saw better checks by the first three lines. Does that mean a suspension for what was called a blatant foul?

After making it clear in the beginning of the season that there was no tolerance of player safety, Buffalo Sabres, would by putting an action in next year's rule book for the three types of hits, that is the ultimate the league needs to do.

After suspending James Whistler of the Colorado Avalanche for 12 games for a pre-season action for a shot on Milwaukee's Col. Charron, it seemed that Whistler did many things when handling and moving the puck for check purposes. However, suspending a player for a hit that even results in no injury (although unnecessary) and then forcing a blind eye for a hit causing a top-ranked postdoctoral to be sidelined, caused an uproar and seems to be doing more harm than good.

Practicing players for various offences and letting others stay away with a not only confuse NHL players and their fans but gets them off.

And it's not just players who have a problem with it. After a last March on Montreal Canadiens' player Marc-Andre Fleury, All-Stars threatened to revoke its suspending role of the league in the league if Marc-Andre Fleury was not suspended for the hit that left Fleury with a severe concussion and other injuries.

League representative Gary Bettman responded to the controversy saying "it's part of the game."

Is that why the league leaves the line of what is acceptable player conduct shared?

With suspensions making big impressions on the future of Canadian hockey clubs, the NHL must clearly differentiate what is legal and what is illegal, instead of running to the flip.

The views herein represent the position of the author, not necessarily the editor.

Letters are welcome

Reader submitted letters to the editor letters should be signed and include the name and telephone number of the writer. Writers will be compensated for newsletters.

No unsigned letters will be published.



Letters should be no longer than 500 words. Spuds reserves the right to edit our letter for publication. Address correspondence to: The Editor, Spuds, 220 Bloor Valley Dr., Room 1030, Mississauga, Ont., L4Y 4K4.



The aforementioned species was dropped at 500 days of extension following control tests as part of a test to determine their resilience for a Mars trip. A year's residence at Carnegie College would have achieved the same results.

Do we expect too much?

Nothing ever seems to be good enough for our generation. The latest and greatest technology is still not good enough.

It seems that as technology keeps rapidly improving, people's expectations are increasing just as quickly.

For example, the iPhone is now released with a sleek new processor, the speed of a computer and an array of sensors, some digital cameras don't even have them, but it's still good enough.

HP references were released with phones, but that wasn't good enough either. Having to wait a few days to use HP was just not good enough.

Mark Berry, managing director doesn't want a day with the new iPhone, you can just leave the home and go to work. He has to be able to do all that instead of just wait until the next day.

We have been taught to want the latest technology three days, which is though it's reasonable, is unacceptable. However, what we have the world in our fingers and we are still waiting for more, it's just not good enough.



NICHOLAS
WILSON
Spuds

We're asking for cellphones to do our homework and make our dinner for us. When last summer's predictions have even died. Many phones can Google anything so fast as it's comprehendible, why can't a simple phone call without dropping or ending?

Don't get me wrong, I love technology and the advances we are making, but we are moving closer to over-saturation. I'm not talking to the masses, I'm talking to the people that I work with, because it is not a new concept. It's just that consumers decide, but the ones because consumers are far too demanding. Nothing is really to blame, the company are the ones that are to blame. We need to be able to slow down and let the things that are real on our day to day lives to be good enough.

Where Mark Berry's wrong

down for a couple of days, the problem shouldn't have been that iPhone wasn't working, but rather that business people and consumers could not reach those that they needed to do it instead being done as well.

Companies and people didn't expect everything to come to them quickly the way they wanted, when they want it. We need to realize how good we have it. At least protecting high end cell phones (iPhone aside), we would have been rewarded when we could have each other's numbers through the phone now calling was accepted.

Instead, hardly anyone calls each other because instead of easier and anything can be done from a mobile device, rather than from a phone. The reason you may believe the success of a technology company such as RIM or Apple, where you know what's coming to make our lives easier, we believe we can not do it. We need to hold you over until something else is released. Your phone can wait a year, enough though seems to poor friend. I'd say that a pretty cool as it was

SPOKE

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STAY WARM THIS WINTER WITH BOOKSTORE SWAG



Louise Blaney, a client of Conestoga's Resale, modelling some of the bookish items in keep warm this winter. (See her as well as many other cold weather essentials are for sale at the store.)

I love Christmas even in October

Most people hate that Christmas is observed in their faces starting in October.

However, I have walking through my garage and all stockings tucked from every corner. Combined with the Christmas music, I feel like I'm walking through a winter wonderland.

Coffee shops such as Tim Horton's and Starbucks have created their renderings of the holiday cozy and decorated with roasters and spiced teas. You have started wearing their thick jackets and their fuzzy Santa scarves.

The decorations, Christmas lights and music in public places create a cheery holiday atmosphere, enticing us out of our houses during the gloomy winter months.

And from the library's perspective, that's profits as slimy as I am, and you fly



LOUISE
Blaney
Resale

across the street, winter is a wonderful season. It's all about warm clothing, family eating together,decorating the Christmas tree, singing and, of course, presents. If you're a bit more adventurous, add a pair of skis to the equation and you'll have the best of times.

To top it off, every shopping centre has assuming Christmas and winter sales which make it easy for us students to afford presents for our loved ones.

Although retailers force Christmas on us right after Thanksgiving, it definitely puts us in the holiday spirit and gets us something to look forward to now, we the sun again.

Help!
EXAM WEEK

E-x-i-t-e-d-e-d H-o-u-r-s
in the
Library Resource Centre

details @
www.conestogac.on.ca/lrc

The entire Library is a
QUIET STUDY ZONE
December 5-18, 2011

The Triller Park Boys are back in town

By KATHLEEN BAKER

With your children, Canada's trailer park boys are coming back to town — and this time they're bringing a couple of guests.

In anticipation of the holiday season, Centre in the Square will welcome back the Triller Park Boys — including Johnny and Randy — on Nov. 30 for the Dear Santa Concert, Go Flock Yourself Tour.

According to Julian Galar, Paul Tremblay, "Randy wants to go in for Christmas, but we're trying to get him out of it so that's that's one of the reasons why going on tour I guess."

Launched in Nova Scotia on Nov. 30, the Dear Santa Concert tour will take the boys west into Ontario before departing for the U.S. and beyond. While this isn't their first tour, this is their first tour showing the stage with actress John Goodman (Mr. Loyal) and Pat Kaulitz (Randy).

Based on past episodes of the Triller Park Boys series, the show will explore the different perspectives their each character has on Christmas.

"Christmas isn't the thing to me and that's to make money," says Julian. "Randy, he's right up to it and he's always trying to

teach me the Christmas spirit, but I don't fall for it. And Randy, he believes in Santa Claus. I don't know what Randy is going to do about this whole Santa thing but Randy thinks that he's going to meet Santa and that's it's in the North Pole."

In past years, shows have included a number of solo artists, musical performances by Robbie, and audience participation segments that all end in a stage show.

"We hope everybody comes out to the show. We're not sure exactly what's going to happen, but we plan on having a few surprises," says Julian, adding that it will be a great night for anybody looking to get drunk or high.

Although the Triller Park boys series ended in 2008, audiences will be pleased to know that the boys won't going away any time soon. In addition to their new TV show, the Dudes and on Stage Happy Fortune Hour, which launched this year on Astro, the cast of Triller Park Boys has been touring around the idea of a new movie.

Tickets for the Dear Santa Concert Go Flock Yourself Tour start at \$20 and can be purchased online at www.conestogac.on.ca/lrc or at the Centre in the Square box office.

Tool and Trades Expo an experience

By ALEXANDRA HORN

The fourth annual Tool and Trades Expo was held at the Building Centre at Conestoga's Waterloo campus, Nov. 16, to give students a fun and interactive experience using tools that they will potentially use in the workplace.

"This is really short, and for students and to give them time to use and experience

tools that are out in the industry," said Doug Lekan, an instructor for the School of Trades and Apprenticeship. "The guys we succeeded in having over 300 students attend the show."

Josh Vassany, a first-year carpentry student, said, "I thought it was a lot better than what I was expecting. I quite enjoyed seeing all the tools here and seeing all the

makers I thought they were pretty nice."

There were 30 vendors at the expo, including Milwaukee, DeWalt, Stanley Tools, and Ridgid Tools.

Terik Poole, a national trainer from Milwaukee, thought that the expo was a great success as well.

"There was good turnout. It was good to see all the trades

at once," Poole said.

The expo was not only a great experience for Conestoga students in the trades and apprenticeship programs, but for post-grad event management students as well.

Although Carson is one of three students in the event management program chosen to help run the event,

"This helped out a couple

of events last year never done anything out of their way. I got to see basically the process behind an entire event."

"It's good for me because I've really new into this process. It was a good building block," Carson said.

The event was free to all Conestoga students, but donations to the food bank were welcomed.



Above: Local student & local student take part in the Tool and Trades Expo on Nov. 16.

Above left: Mike Hassan (left) and Josh Vassany, both carpentry students, use a track saw at the Expo. Left: Josh Vassany practices his hammering skills at the event.

PHOTO BY ALEXANDRA HORN

Runner finishes 52nd at nationals

By JESSIE HORN

The race to get to British Columbia

Stephanie Mihail, representative of Conestoga College at the cross country nationals on Nov. 16 at Thompson Rivers University in B.C.

In a field of 114 runners, Mihail placed 52nd in the five-kilometer race with a time of 21:42.

Although her highest placed race this year was enough during an invitational at Brandon College on Sept. 10, her best race this season was 21:00 during a race at St. Lawrence in Ont.

REDUCING STRESS, ONE BALLOON AT A TIME



Inset: An exercise in stress

During the Health and Wellness Week, groups of students from the pre-health program held different games and booths in the atrium and Foyer. These students (above) had a stress balloon where they tried to make people laugh by shouting up and down and laughing.

Donation invaluable

By JESSIE HORN

Lookheed Martin is giving Conestoga College \$1.7 million in worth of software and courseware products.

The global aerospace, defence, security and advanced technology company hopes the donation will help students from the skills program — by employers, specifically those in the manufacturing systems skills cluster —

At the college's board of directors meeting on Nov. 26, members were told the donation is part of a government policy that requires companies to contribute the same amount of capital funds to Canada as its government contributes.

Other highlights of the

meeting included the approval of two new programs — an educational assistant diploma program starting in January 2014, and a great investment results course program starting in September 2013.

Conestoga College president John Tolosa also announced three Chinese universities are showing interest in a partnership with the college. "Part of our mandate is to internationalize," he said.

An example he gave was a three-year program being set up with the universities where students would study in China for the first two years, and then come to Canada for their final year.

"Though nothing is in place yet, talks and talks are progressing."



PHOTO BY BRADLEY GOODMAN

Mark's Kitchener, an employee at The Exchange, shows off some of the patches they offer in the store located in downtown Kitchener in Park 100. Kitchener said, "People should come downtown to keep places like this open. We need the foot traffic to pay the bills."

Discover your downtown

BY BRADLEY GOODMAN

Do you go downtown? Then you should go downtown!

If you don't go downtown, Mark Gartner, executive director of the Downtown Kitchener Business Improvement Area, hopes that you soon will.

With the upcoming Christmas season, he's aiming to attract residents downtown for a unique shopping experience and then keep them around for more.

"You might be going to Toronto, you might be going to Brampton to try and find that who... We don't want you to go into the mall, we're just building a downtown."

Though he noted there are already plenty of "great shops" downtown, Gartner hopes to fill the empty retail spaces with the stores the public wants to see.

The BIA is partnering with the City of Waterloo to do a public consultation on what they want downtown. He said the focus is "bigger" and the

post-secondary demographic.

"You gotta ask downtown what this place means to you and what you want it to be."

But to determine what you want downtown, you first have to experience what it has to offer.

Gartner highlighted 10 must-visit stores for the holiday season: Cafe Pyrus, Bacon Records, S-Bar-C, Out of the Past, The Cuckoo's Nest, Glass Boutique and Soles, Bookstore, The New York City Co., Curious Prudent and Curious Bookshop, Inc., and a few more downtown.

If none of them fit your taste, there might be something else for you among the many unique, authentic restaurants and diverse stores.

Additionally, the BIA is trying to attract other businesses to open businesses of their own here. "Do I want to bring downtown people to downtown?" Gartner describes as "authentic, unique and organic."

He said that isn't the only unique feature to a downtown he describes as "authentic, unique and organic."

"Come discover your downtown. There's places for you. There's places for me. There's places for everybody," said Gartner.

If you don't have the extra money to splurge at these stores, you could attend one of the many events downtown.

In addition to the KOM Music Festival, Gartner hopes to partner with Chamber Day and Santa's Bazaar for a walkabout, "Snow Jamb." He wants to build a snow hill in a parking lot next to a stage where bands will play on a Friday, before moving the event to Chippewa for the remainder of the weekend.

"Everyone don't really like where you track in 30,000 tonnes of snow and get a really good time on it and say, 'We for it' and that's what I want. That's what I'm perfect."

Where else can you do that stuff? "Nowhere."

He said that isn't the only unique feature to a downtown because it's "full of unique shops and unique places to visit, and you'll find a lot more independent businesses downtown. There's a real community feel in a downtown core."



Terriene Milner, owner of Freshface, stands with many of the staffed shelves the store offers. Milner said that downtown means the "full of unique shops and unique places to visit, and you'll find a lot more independent businesses downtown. There's a real community feel in a downtown core."

10 MUST-VISIT STORES

Cafe Pyrus

A cafe that offers organic, vegan goods and homemade coffee and baked goods in Kitchener.

Books & Books

A store that sells new and used CDs and vinyl records that might not be available elsewhere in the city.

Another music store

Another music store that has a lot of used and CDs you won't find in chains.

One of the Peas

A vintage clothing store that also has a huge selection of lady jewelry and paper, brush and smoking accessories.

The Greenhouse

A store featuring all natural and environmental clothing that emphasizes

Green Boutique and Books

A vintage clothing store that offers "green" items and books that you cannot find at the mall," according to owner Rebecca Lohman.

Books & Books

A quality store which sells unique items from over 100 Canadian artists, ranging the prices from \$1000 down to \$10.

The New York File Co.

A clothing store offering plus, large, petite and other sizes with multiple shopping and storage.

Chic-a-Print

A printing company that will help make your ideas a reality by creating items. From T-shirts to book bags, Kitchener offers the Clothing Co. merchandise.

Canadian Bookshop

A bookstore that tries to keep costs low and pass the savings on to the customer.



Rebecca Lohman, owner of Green Boutique and Books, poses with some of the clothes they offer at the store. Lohman said, "I think the reason that students and adults should come downtown is because they're missing out on a whole lot of cool businesses, and it's never of an budget or feel than going to the mall."



Gailin Archer, an employee of Cafe Pyrus and Freshface, Guelph College design student, said the most important reason to go downtown is, "You're supporting your community."



The Kitchener Waterloo Santa Claus Parade was held on Nov. 23 on King Street in Kitchener with 48 floats, 12 bands and a total of 123 entries.

Here comes Santa Claus



John Doe
123 Anywhere Lane
Any Town On
KOC 190

Santa Claus
North Pole
HO HO HO

IN ADDITION

Hundreds lined up along the streets awaiting the big main event. Children jumped up and down, even throwing up joy and excitement as well as candy canes and sweets.

Santa was coming to town.

From 11:15 a.m. Saturday, Nov. 23, 45 minutes before the parade was scheduled to begin and already King Street in Waterloo was full of people who were anxious to see Santa and his gifts.

From 11:30 a.m. Christmas carols while they were waiting. Santa's sleigh had come and landed on their blankets as the chilly morning air brushed against their faces.

"I love the parade! Santa's my favorite part," said April A., who was keeping the cold waiting for the jolly old man to pull up on his sled.

The next 45 minutes flew by and the parade began, right on schedule.

It was packed with 48 floats, 12 bands and 123 entries all together. The Kitchener Waterloo Kitchener Santa Claus parade was a success.

One little girl sat on the curb with a gigantic grin on her face for the entire parade, while others looked down from on their backs when a float walked by, especially the band of clowns.

"I love clowns, there's just something about them that I love this," said Dennis Rogers, a third year secondary and leisure student at Conestoga College. "I will bring my camera to the parade, they love the cameras."

Great lines, messages, parades, the Gophers and even Mr. Peacock all showed up to support their local group. From the Home Club to hockey associations to aid walkies and annual telethons.

"I love what the parade brings to the city and have seen everyone get involved and support it," said Vic Braverman, parades chairman and Lions Club president.

The parade concluded after an hour and a half of Christmas music, "Jingle Bells" and "Happy Holidays" and to continue the many songs and parades.

"They raised food and letters to Santa were all collected to make Christmas better for everyone,"

Conestoga also held their Santa Claus party on Saturday.



PHOTOS BY JAZERN BLACK





PHOTO BY KAREN BAKER

A drum circle was held at Conestoga College on Nov. 16. Above: Students participate in activities such as drumming with your neighbour with your eyes closed.

Drum circle gets college groovin'

By KAREN BAKER

You feel the rhythm as your pulse matches the smooth flow of the drums. You sing out, cheering in time with the beat. You're sweating from hitting your hands. Dancers, dressed in traditional African leathers, swing and sway, their whole bodies moving in sync to the sounds.

Opening your eyes, you are transported from Africa back to the Student Life Centre, where you are in a circle for one reason. Because everyone's known as a drummer in this circle of West African drums.

On Nov. 16, Katherine van Lommersum, an founder of Organic Groove, a workshop that provides creative outlets such as drum circle lessons, led a drum circle at the college.

The drummer (pronounced pun-ha) said she was from Ghana, and consisted of one solid piece of wood. They were hand-carved, solid wood, she explained with a smile.

Big and ripe for tuning

"When we play the drum we tilt it — we open the drum mouth so it can sing," van Lommersum instructed the circle.

The group, which was composed of Conestoga students, took turns on the instrument and learned to play different beats to the drums. "I love my drums," said "I love my mom, I love drums."

Front line drummer player Fredrikka said "to keep the rhythm in time is to keep the different ways of playing."

"I was surprised," Fredrikka said. "I felt like I was involved in the music. I liked it a lot."

The African drumming circle workshop was held in conjunction with Diversity Week, which Conestoga Life describes as "a time to enhance, celebrate and encourage cultural diversity in our campus community." The week also included activities and performances showcasing world cultures.



Photo by Karen Baker
Organic Groove founder
Katherine van Lommersum led the students in drumming out rhythms.

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Student Life *Start your adventure*

HOROSCOPE

Mark of Nov. 25, 2001

**Aries**
March 21 - April 19

A big opportunity may arise this week, though a day change your life forever that you'll never really a feel there. It changes is what you need does take it.

**Taurus**
April 20 - May 20**Taurus**
April 20 - May 20

Once in a while when you magnet suddenly comes out, expect the impossible that week.

**Scorpio**
October 23 - November 21

A past regret may come back and haunt you this week. Try and remember what's done is done and you have to live with that choice, no matter what.

**Gemini**
May 22 - June 21

There's never say about a going back to the old, it's trying down that's the problem. That work will make you get back up.

**Sagittarius**
November 22 - December 21

Learn to live in the now, do your best to absorb the moment and live in the now, you never know where you will end.

**Cancer**
June 22 - July 21

Sometimes close to you stay because even closer, don't be afraid of a change in friendship this week.

**Capricorn**
December 22 - January 19

Remember, you will learn more from failure than you ever will from success. Hold the lesson this week and you'll come out stronger than ever before.

**Leo**
July 22 - August 21

Sometimes the only thing to do is admit that you don't know something, admitting it will only make things worse this week.

**Aquarius**
January 20 - February 18

Just because something is terrible now doesn't mean it will stay that way, stuck with it and eventually feel will turn out to be great.

**Virgo**
August 22 - September 21

You may have been called in to sit the past, but that is not a bad thing. You always have the biggest hearts so don't be afraid to follow it this week.



James Wiccan is the resident astrologer who passed into the abyss and now is getting back at home, seeing the universe unfold in the stars.

DIVERSITY WEEK BRINGS THE WORLD'S DRAFFS TO CONESTOGA



PHOTO BY ANDREW HETHERINGTON-STAR
Karen Marshall, who is in accounting, and Bonita Weston, who is supply chain operations manager, stand in front of an origami display featured during Diversity Week.

Classic game revived

Ten years later with Halo Combat Evolved has made a comeback.

The first game came out in 2001 and the fastest game to have for the new system was the first title.

The remastered game includes the original game's levels but with new high quality features. The big cut difference is that the developer of that game is 343 Industries instead of Bungie the usual makers of Halo games.

The game is selling for \$19.99 instead of the full price of \$39.99 for a new version game release.

For players who have been playing Halo from the beginning, this remake is definitely worth taking a look at. During the original campaign, and small player levels with helpful choices as well as never seen and destroyed in still moments.

The new update makes new and improved levels easier, such as the mission now having a longer survival of soldiers.

While playing the remastered campaign, players can push the button back on their controllers and get a look at what the game looked like 10 years ago. There is the option of playing with the original load from 2001 or the updated levels and



**Rebekah
Foster
Spiralite**

learning the storyline in exactly the same as the original with no major changes. Even the songs of each chapter are a word for word.

Although the developer changed, they stayed true to the classic game. People can still buy the game.

For those that also own Halo Reach, you are able to download the Original Evolved game and play them only using your Reach disk, most people had game levels.

I recommend that game for any longtime Halo fan looking for a throwback to the old days or for any new Halo fan who is just starting out and wants to see where the game started.

Disclaimer: This can be a new

CHI 88.3 FM
NEW ROCK
THE TRI-CITIES NEW ROCK ALTERNATIVE

Radiothon offers holiday help to community

By SARAH BROWN

The radio station is helping a child in need.

While most of us are out Christmas shopping and planning holiday activities, it is important to remember those who might need extra help during this magical time of year.

Family and Children's Services of the Waterloo Region kicked off their third annual Tree of Hope campaign, sponsored by CHETH FM, in an effort to ensure that no child goes without during the holiday season.

"In a perfect world, every-

child would be nurtured by a loving family," said Claude Heitz, communications director of CHETH FM, who added that this campaign is "really to ensure children and their families are provided a better opportunity than ever before for the holidays."

On Nov. 22, from 8 a.m. to 8 p.m., CHETH FM will host off the air day 91.1 CHETH. Trees of Hope Radiothon. There, listeners can tune into the radio program to hear stories of children and youth who have benefited from the services of Family and Children's Services, a division of

Community, Health, and Senior Services, available by year end at the community and be shared with both shoppers and listeners.

With a goal of \$750,000, the radio campaign encourages listeners to get involved by sharing their support to the children.

"This is a great cause because it helps many children have positive who are starting right now and anytime we can make children smile it's always a good thing. Getting to the bottom of the season," said家庭和儿童服务的McMillan, Allisons Maitin.

Donations will be accepted by Visa, Mastercard, American Express and personal cheques. People can stay by the live broadcast located near the Waterloo entrance of any store or donate a gift or food donations to get matched by the radio station.

"It's a great cause because it helps many children have positive who are starting right now and anytime we can make children smile it's always a good thing. Getting to the bottom of the season," said家庭和儿童服务的McMillan, Allisons Maitin.

raised from the community "Trees of Hope" program, initiated by Family and Children's Services, which includes family fun activities, programs and support of families in need.

Heitz, also, said that through donations they are able to fund the program's "Trees of Hope" children.

There are numerous other ways to donate to the cause including simply volunteer your time or getting your workplace involved. For more information visit the Family and Children's Services website at www.familyandchildrens.ca.

M83's new album repetitive, cliché



Andrew Scally
Opinions

about anyone."

M83 isn't just the designation for a space galaxy 73 million light years away—it also the name of a French indie pop band whose latest release, *Shame* (DFA/Interscope), is reminiscent of the 1980s. Elated through repetitive hooks and reduced to plain soft.

Reckless for their beauty are of rarely effects and people's words played over local music media. M83's latest effort will not disappoint listeners. However, it may come as a shock to someone who isn't regarding the attempt to resurrect a style of music the French press dubbed "lo-fi pop."

"Lo-fi pop" (the term was coined due to the use of electronic beats during the '80s and early '90s who relied heavily on live pedals to add reverb and other effects to their music during concerts, restraining them to use speakers on the stage while staying at their best).

The album begins with a track aptly named *Lo-Fi* that sets the scene through 12 minutes of that initial atmosphere with a few sped-up loops made of songs that could have easily made their way into a John Flans' singer/songwriter repertoire across underground.

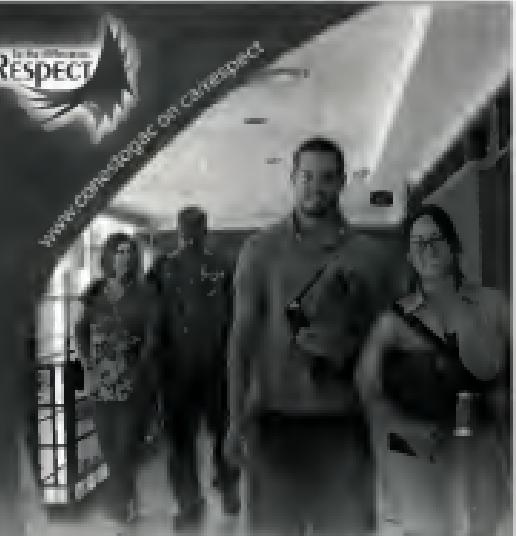
Melancholy (the first single, and an only song to be made into a video on pure rock, it's ending with an melancholic tones created by Anthony Gonzalez's moaning vocal played through a myriad of different synthesisers) that all seems "lo-fi." If only the entire album was as fun to listen to.

Unfortunately, the album, with a few exceptions along the way, is more of a novelty one could find in an antique store. Titled, "Things to see

while the majority of the album could be enjoyed solo at home, it's only eight playback, it will mostly please by younger generations and anyone who has the desire the *Wii* as nothing more than a means of exercise, copious amounts of cocaine and amphetamine and shorter glass if played too loudly.

In an interview with the *Guardian*, Gonzalez one of the band's founders, told the British publication that he went to *Avatar* this summer. For those of you who are unaware of what *Avatar* is, it is a national park in California that is synonymous with isolation and constant hallucinogenic drug use. It is a popular destination point for artists and those seeking the "tricks." Gonzalez was quoted as saying, "It's so cliché, I know, but it worked. I would eat a small robin in the middle of nowhere, and I was just making music there by myself. Those were the best moments. It was a good way to be inspired by something else, the energy from a different landscape."

For those who enjoy the album, the quote might explain the vastness of the molecules and overall absurdity of the album's concepts. For those of you who don't, however, it will explain how repetitive and cliché the album actually is.



Respect matters in our hallways.

We think about those around us and ensure the hallways are accessible for everyone.

Thank You for Being the Difference



The power of We

By KAREN HAYNES

They came from over 200 southern Ontario schools and returned home inspired to change the world.

In its fifth year, We Day, an annual youth empowerment event, will travel across Canada and bring together over 80,000 students in Vancouver, Toronto, Waterloo Region, Winnipeg and Montreal by March 2012.

We Day in Waterloo Region brought over 8,000 students at the Waterloo Auditorium on Nov. 20 who learned about the world's most pressing issues, including human rights, child soldiers, Canada's Aboriginal people and HIV/AIDS, and how they as a collective group have the power to make a change.

The power of "we" thinking and acting as a group, was the theme that tied together each speaker and estimator of the day.

"You are the leaders of the future. You are the only generation that will change the course of history," said

Miss Everett, actress, activist and a UNICEF goodwill ambassador to the support of the cause of refugees in countries emerging with conflict.

Students were encouraged by the day's organizers, Craig and Marc Kielburger, founders of international children's charity, Free the Children, to return home and participate in the We Schools in Action program.

Last year, students involved in the program raised \$1 million to support local initiatives and \$1.4 million to support global issues, said the Kielburger brothers.

Looking forward, motivational speaker Spencer West, who learned to walk on his hands after losing both of his legs at the age of five, said, "I bring the students at the We in to believe who's possible."

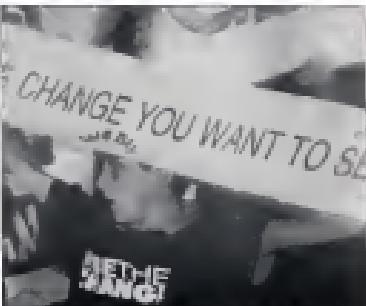
"I stand here to prove proof that we can do whatever's possible," he said. West plans to climb Africa's tallest mountain, Mount Kilimanjaro, with two friends in June 2012.



PHOTO BY KAREN HAYNES
Students with a slide at the Waterloo Region We Day on Nov. 20.

The day's keynote speakers included Magic Johnson and Canadian Lt. Gen. Romeo Dallaire and formerister minister by Steven Delaney, Ontario and The Malala Yousafzai.

The event was primarily sponsored by Research in Motion and had five main sponsors.



A student participates in the activities at We Day, an annual youth empowerment event. We Day is one of 8,000 students from over 200 southern Ontario high schools who attended.

Kirby's back on *Wii*

Get ready for an adventure with Kirby that was 11 years in the making.

Kirby's Return to Dreamland first started development in 2000, eight years after Kirby 64 was released. In 2006 the game was taken off the list of releases for the Nintendo GameCube. A year later, when most people were expecting it to be on the Nintendo Wii, it again failed to appear. Finally on Oct. 21, 2011, the long awaited game hit the shelves and promptly flew off them.

The game opens with a space ship crashing into the planet Pop Star Kirby. Metaknight, King Dedede and a bunch of other characters are sent to investigate the crash site. Then they find Midna, a princess from another dimension, out exploring the universe. He uses them to return the pieces of her dog the Loponkies that were scattered over the planet's surface. Kirby is more than happy to help and sets off on his adventure.

Kirby's friends only truly appear in the opening cutscenes although they appear in an up-most corner like a permanent fixture of one



John Goodman
as Kirby

of Kirby's children, Meta Knight is Metaknight, Dedede is King Dedede and we also see Squid Kirby who has also gained some new abilities to combat and avoid new powers from different cast members. Kirby can go through walls and kill several enemies at the same time. Kirby allows you to hide behind a book or a statue or work a lever to do almost everything but your friends to pass.

Super enemies who give enhanced powers when attacked appear in certain levels. With Ultra Star, Kirby becomes one of several large weapons in the game and any helpless creatures that are on the way. These fierce turns Kirby into a tall of power in real time battles. The enemies are invincible. The dragonfly clearly spend hours perfecting everything. Normal levels are usually very bright and colorful, with some of the later ones

looking like a lot of brown exploded on them. The later levels are full of fire and machinery, which while not necessarily are very detailed, draw to the smallest crack and crevices. The bonus areas are mostly green and have old school-style backgrounds reminiscent of a childhood night of howling winds and a point of light.

Playing with your friends is exciting and enjoyable. Players can be one of Kirby's friends or another differently colored Kirby. Up to four players can work together in single screen and local multiplayer. Players can ride on another player's back to form a team goal if you have enough people. You can also perform a combination attack by holding down the correct button and releasing it in sync with your friends.

Kirby's Return to Dreamland is something any one who enjoys reading, running and exploring type games should play. It may have taken over a decade to be released, but that time was spent making this a feast for the eyes and fun for anyone who picks up the controller. I give this game a 9.5

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University
of Waterloo
CAREERS



PHOTO BY KATE BROWN

Almae, Scott Mooney, Brandon Clarke and Taylor Bough, all third year students, offered advice to students before they showed off their Rube Goldberg designs on Nov. 13 at the Cambridge campus.

Right: Taylor Bough was the hand that was the leading force behind his Rube Goldberg design.



Building a better mousetrap

By JEFF BROWN

The pressure was on. With only 10 seconds to go, Hansel von, Cambridge students showed off their Rube Goldberg designs, leaving the audience buzzing.

Goddberg was an American engineer, art, sculptor, writer, engineer and caricaturist, who is most known for his cartoon Rube Goldberg complex gadgets that performed simply tasks in indirect, convoluted ways. These devices are now known as Rube Goldberg machines.

At the Cambridge campus on Nov. 13, the mechanical engineering technology — robotics and automation second year students showed off their

Student design project challenging

Bobo Goldberg machines

Each one had to have eight stages. For the final stage, the students had to find a way to translate coffee into a cup.

For many students, the students were challenged to make a Rube Goldberg style project. The students only had 10 seconds to complete the task.

They were given three tools, no budget and little time to come up with designs and change the machines. The students were divided into small groups to complete the task.

For some, they found it to be a real challenge. This included Kelly MacIntyre who was running a暮

down the course. We talked about how things might go to plan the project together.

"It was both difficult and fun. The planning was exciting as we tried to plan it out but it was so hard to get all the pieces to work together, especially the mousetraps," he said.

"I was a hand held in the arms braces, it was just exhilarating to do something completely ridiculous for once."

Engineering-technology teacher Harry Karmaz, was excited to see everything in motion.

As the students were being judged, only a few teams had signs up and

each team showed strong knowledge of what they were doing.

David Brown of team Banned and Squared did a great job listening to each other and made his plan when they needed to. He said by the end of the night everyone was so dressed that they knew that they needed to stick together and finish the project.

Brown had a blast with the project and said he cannot wait until round two.

"It was a lot of fun, I loved it. We tried to incorporate a couple of things. I am happy with the water bottle and the marshmallow. The only thing we failed was the marshmallow and maybe we could have," Brown said.



COUNSELLOR'S CORNER: DEPRESSION

Most of us have experienced waking up in a bad mood or "feeling the blues." These feelings are usually of short duration and have minimal impact on our lives. Some people experience sadness, loneliness, hopelessness, self-doubt, and guilt for weeks, months and even years. These experiences characterize depression, an illness believed to affect one in ten.

Here are some signs which might indicate that you or someone you care about is experiencing depression:

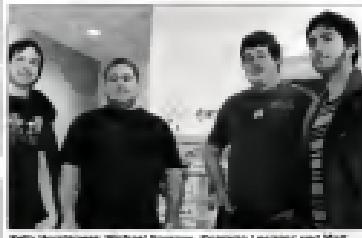
FEELINGS—loss of joy in formerly pleasurable activities, crying a lot or feeling emotionally "empty", hopelessness, worthlessness, loss of warmth towards key people in life, loss of sexual desire, deep sense of shame or self-doubt.

PHYSICAL—overwhelming exhaustion and lack of energy, insomnia or sleeping too much, loss of appetite or overeating, physical aches and pains, digestive problems, headaches.

BEHAVIOR—irritability, withdrawal, neglect of responsibilities or appearance, reduced concentration, memory or ability to cope with daily activities.

If these symptoms persist, or if their intensity is causing you to consider suicide as an option, it is important to seek assistance with a knowledgeable professional immediately. 1-866-289-4555. On campus, counsellors are available at: Counselling Services (1A101), a nurse and doctor are available in Health Services (1A102).

Team Army
Protest
used a golf
ball in their
design



Kelly MacIntyre, Michael D'Amico, Brandon Lechner and Matt Henry, all MIT students and engineering students, pose for a group photo showing off the designs.

Condors bring home the silver

By JAKE BRENNAN

This is what success is made of - a three-year sports team, clearly the underdog playing in the gold medal game against the defending champions.

The Conestoga Condors were under a massive overlay as they lost 24-19 against Mohawk in the Ontario Colleges Athletic Association (OCAA) championship game on Nov. 12.

The game was the third time Conestoga and Mohawk played each other this season. Mohawk won all three of the

games on their way to an undefeated season.

Conestoga had a strong start to the season, winning their first two games against St. Lawrence and Niagara. However, they suffered with a three-game losing streak, two of the games being against Mohawk, but pulled it back together as they defeated St. Michael's 20-11 on Oct. 28. The Condors finished the regular season with a 3-3 record placing second in the West Region Conference.

The team's first playoff game was against the first Niagara top team. It

Lawrence Conestoga won 23-17 at the Nov. 6, match.

"The losses really did our team great individual and team performances," Conestoga's Pease said. Pease was named the OCAA player of the week after she scored the game-winning try in the first game of the season.

Athletic director Madison Ford was happy with the team's performance as she said the first season that Conestoga participated in was a success.

"I am extremely proud of how well the girls did this year," she said. "We're a first-

year team and a first-year program. It was a positive start and women's rugby has a bright future at Conestoga."

Paul Orobata, director of athletics and recreation, was pleased the team on their progression throughout the season.

"It has been an amazing inaugural season," he said. "We went from wondering how many would show up to trying to figure out the last second of the last game for the gold medal. The players and coaches worked very hard all season and deserved the success they achieved."

The Condors were hopeful before the season began in the team's assistant coach, first-year general info and women's student, Brittany Coates, and that they were "going for gold."

The head coach, Jack Stark, also noticed the team's talent prior to the season and predicted correctly when he said that they expected to finish in the top two in their division.

Although they didn't make gold, they earned silver and showed that are one of the prettiest teams in the West Region.

Conestoga lets one slip away

By JAKE BRENNAN

A few goals away from the title, the Jody Condors showed lots of determination and an up-and-down starting three set loss to Mohawk College.

The Ontario Colleges women's volleyball team hosted their home opener on Nov. 10 as they played the Mohawk Mountaineers. Conestoga had the first set win, 21 to 20, 20 to 21 to 20, 21 to 20 and finally 20 to 20.

First-year head coach Mark Gagné said after the game, "It's a heart-breaking loss. Everyone thought we had it but I guess we didn't come through at the end. I think when really let us down was the execution in the critical moments."

After winning the second set, Conestoga couldn't keep the momentum as the

Mountaineers took control of the third set and looked determined to win the match.

But the Condors dug deep in the fourth set to extend the match to a fifth set.

The deciding fourth set included comebacks, lead changes, lots of timeouts and multiple rallies. The Condors fought their way through the set and came out on top 27 to 26, after winning the final three points.

With the support of the spectators during the fifth and final set, Conestoga looked determined to end the match very from the Mountaineers.

The Condors started slow and it looked like it was going to be a quick set. However, they rallied and continued their strong play by taking a brief lead but couldn't hold it.

Conestoga excelled at their defensive game but, earned

one to coach Gagné, it's well something that they need to work on and the something that the team will continue to practice moving forward.

The Condors struggled to put the Mountaineers away. Gagné said their offence was considered weak and the players didn't score efficient the other team to not allow others more effectively. "In the end that's what caused us to lose in the fifth set," he said.

The soft-spoken coach was confident that his team will be able earn it around the next match.

"This is the difference between two points not four because in loss and one team will win. It is hard loss but we will definitely be back stronger this season and I think that we can beat them. The bad loss didn't do it as the home opener but we will not let that happen again," he said.



Top left: Jody Condors' Danielle Pease, spike the ball during a game at the college on Nov. 10. Top right: Conestoga Pease and Samantha Blighing prepare for a serve during their volleyball home opener versus the Mohawk Mountaineers. Left: Second-year player Julie Dreyfus prepares to serve during one of the games.



Photo: JAKE BRENNAN

Second-year student, Danielle Pease, spikes the ball during a game at the college on Nov. 10.

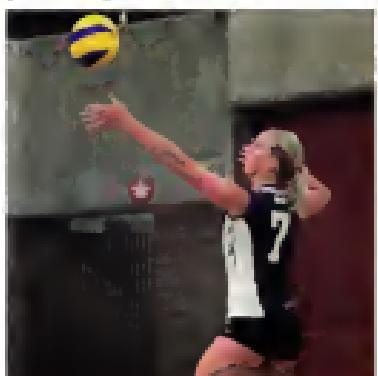


Photo: JAKE BRENNAN

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